



Florence Shag Club August Newsletter 2021



Hello FSC Members...

It's time to sign up for our annual "Cool Me Out" Party, August 20th. Thanks to those of you that have signed up early! I would like to encourage everyone to sign up as early as possible. This helps in getting an accurate head count so that we can have enough food and chairs for everyone to enjoy and make our party a great success. Please RSVP and pay by August 13th. \$10 for Members, \$20 for guest and non-members. You can pay on Friday nights in the back of the club or mail to: FSC-CMO, P.O. Box 5538, Florence, SC 29502.

Starting at 6:30pm, be sure to sign in at the door and get your wrist band. Only those that pay and have wrist bands will be entitled to partake in a "free pour" of beverages mixed by our own bartender, Michael and served. It also entitles you to our dinner that will be brought in by the Venus staff. Our menu consists of: Pork Medallions, Chicken Strips and Sauces, Roasted Red Potatoes, Whole Green Beans, Tomato and Cucumber Salad, Rolls, Sweet and Un-Sweet Tea, Desserts.

DJ, John Smith will be in the booth to bring you all the great music. We are also having a 50/50 Card draw at \$5.00 per card...don't want to miss this!!! Just might be your lucky night.

Our Golf Tournament is scheduled for August 26th. If you haven't signed up to play, please contact one of the Officers and we will get you on a team if you don't already have one.

We have had a really good turnout each week at our Club...please continue and also ask a friend to come with you. I have seen a lot of our members speak to our new members and guest. This is very important to make our guest feel welcomed. Thanks...that's what brings them back!

See you on the dance floor...

Ron Isgett, 2021 FSC President



2021 Officers

Ron Isgett-President
Email- risgettsr@gmail.com

Hilda Bowen-Vice-President
Email-hbowen@sc.rr.com

Teresa McDonald-Secretary
Email-pssharleys@gmail.com

Margaret Cline-Treasurer
Email-mcline20@hotmail.com

Directors 2021

Bayne Hayes – 1st term ends
12/31/23

Dennis Osborne –1st term ends
12/31/21

Becky Berry – 1st term ends
12/31/22

www.florenceshagclub.com

**Address: Florence Shag Club
PO Box 5538
Florence, SC 29502**

Our Purpose

The purpose of the Florence Shag Club shall be to preserve, encourage and promote the education and perpetuation of the Shag, to provide social activities at which emphasis is placed on the dance, and to inform its members of beach music and Shag dancing activities.

May Florence Shag Club forever be a part of our lives as we keep on Shagging!



2021 Tentative Dates to Remember.

August 20th – Cool Me Out Party
August 26th - Golf Tournament at the Florence Country Club **We need sponsors for the tournament and players to sign up!**

Ways to Beat the Summer Heat

Turn Your Computer Off - Set it to go into low-power "sleep" mode if you are away from it for more than 10 minutes and it will give off less heat. When you're finished for the day, shut the machine down completely.

Dress in Loose Clothing - Wear one of the widely available synthetic fabrics designed to wick away sweat.

Go Barefoot - Shuck your shoes. As the sweat on your feet evaporates, it cools the skin and the blood in your feet.

Stay Hydrated- To replace the moisture that you lose as you perspire, be sure to drink. As you lose water to dehydration, your body temperature rises, so replacing fluids is essential to keeping cool!

Daily Habits to Keep a Clean House

1. Start by Making the Bed.

I know some people think that making the bed is a waste of time, but it really makes a big difference in how tidy the room looks and only takes a couple of minutes. Plus, I think it starts off the day well and I love climbing into a made bed at the end of the day.

2. Be Happy with "Clean Enough".

You want your house to be relatively clean and tidy but that doesn't mean that every little thing has to be perfect. Try to follow the 80/20 rule – meaning that you are happy with 80% of the cleaning being done.

3. Prioritize.

Not all cleaning is created equal. Make a list of what you would like to get done and then prioritize what *needs* to be done and what can wait until the next day or two.

4. Get the Whole Family Involved.

Start by just working on having family members pick up after themselves – putting their coat and shoes away when they come in the house, putting dishes in the dishwasher, cleaning their room, etc. – and add in other chores as able. It's amazing how much of a difference it can make in the overall tidiness of the house if just these simple things are done.

5. Do a 15 Minute Nightly Clean-up.

Make it a routine to do a family 15-minute nightly clean-up. For some reason it doesn't seem quite so bad to clean up when everyone else is doing the same thing. Put on the timer and just stick with the top cleaning priorities.

6. Keep Basic Cleaning Supplies Close to Where You Use Them.

Have all of your bathrooms stocked with basic cleaning supplies – microfiber cloths and a polishing cloth, a toilet scrub brush, and a spray bottle with water and vinegar {or a multi-purpose cleaner of your choice}. This makes it so much quicker and easier to give the toilet a quick swipe or wipe the gross toothpaste spit from the mirror instead of having to track down cleaning supplies. Try to do these simple tasks as you see the need – most of them take only a minute or two – and it will really reduce how often you need to do a top to bottom deep clean.



August Birthdays and DJs



SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6 DJ – Jimmy Buffkin	7 Bday – Danny Church
8 Bday – Julie Powers	9	10 Bday – Skeeter Hinson	11	12	13 DJ – Skip Mallious	14 Bday – Frances Hickox
15 Bday – Sandra Sowell	16	17 Bday – Sharon Henderson, Nancy Rogers	18	19 Bday – Linda Price	20 Cool Me Out Party DJ – John Smith	21
22	23 Bday – Mary Herndon, Angie Meir, Bobby Welch	24	25 Bday – Patricia Bethea	26 Bday – Gerry Hayes	27 DJ – Dennis Osborne	28
29 Bday – Judy Collins	30 Bday – Ruby Hayes	31 Bday – Larry Barefoot				