



Florence Shag Club

April Newsletter

2020



Hello FSC members,

The 35th Anniversary Party on March 13th was so much fun and an awesome success. Eddie Collins headed the Anniversary committee, these folks worked hard and really pulled it off. I saw many smiling faces of people seeing friends and past members they hadn't seen in years. We were honored to have officers and board members from the ACSC and SOS attending the party. We were very honored to have ACSC President, Robin Morley, Present our club with a 35-year Certificate from the ACSC.

The Circle Fountain was also honored by the Beach Music DJ Association as an Honorary Member of Beach Music Hall of Fame. Former Owner Cliff Cornell and present owners David and Michael Martin were there to accept the plaque presented to them by DJ Eddie Collins. Eddie was the DJ that did the research and nominated the Circle Fountain to be considered for the Honorary Hall of Fame. The Florence Shag Club has been dancing at the Circle Fountain for 29 years ever since Cliff and Audrey Cornell welcomed us in 1991. We are very lucky to have this wonderful beer joint to meet, listen to great music and dance almost every Friday night.

Until it's safe to meet again and when this pandemic subsides, Friday night DJ's and dances have been cancelled. The Circle is closed until further notice. Our Spring Meeting is postponed and will be rescheduled as well as our Golf Tournament that was scheduled for May 21. The Golf Tournament will probably be rescheduled for some time in November.

We haven't drawn the winner of the Pot-of-Gold Basket yet. The officers will decide when to draw. We have to make sure all of the tickets are combined so that everyone who bought one gets a chance to win.

We pray that everyone stays safe and we will see you all again soon. Thank you for your continued support and kind words.

Hilda Bowen, 2020 President



2020 Officers

Hilda Bowen-President
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Bayne Hayes-Vice President
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Teresa McDonald-Secretary
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Margaret Cline-Treasurer
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Directors 2020

Jerry O'Neal - 2nd term ends
12/31/20

Dennis Osborne -1st term ends
12/31/21

Becky Berry - 1st term ends
12/31/22
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Our Purpose

The purpose of the Florence Shag Club shall be to preserve, encourage and promote the education and perpetuation of the Shag, to provide social activities at which emphasis is placed on the dance, and to inform its members of beach music and Shag dancing activities.

May Florence Shag Club forever be a part of our lives as we keep on Shagging!

2020 Tentative Dates to Remember

July 10 – 12th Summer Workshop Meeting.

July: Junior SOS NMB.

September 17 – 26th: Fall Migration SOS NMB.
No DJ at the Circle on the 18th & 25th.

October 30- Re-up/Halloween Party at the Circle Fountain.

November- Golf Tournament

December 6- Christmas Party at the Palmetto Room Catered by Venus, DJ Roger Holcomb.



What is Earth Day?

1. The first Earth Day was celebrated on April 22, 1970.
2. Earth Day originated in the US but became recognized worldwide by 1990.
3. On the very first Earth Day, 20 million people gathered in the streets of America to protest the industrial revolution. An environmental movement was born as a result.
4. Every year on April 22, men, women, and children collect garbage, plant trees, clean up coral reefs, show movies, sign petitions, and plan for a better future for our planet.
5. Some simple things you can do to save Mother Earth:
 - Recycle
 - Reuse
 - Reduce your waste
 - Conserve water
 - Shop wisely
 - Use reusable shopping bags
 - Plant a tree



Protect Your Mental Health

Some may take social distancing in stride, but for most, it's causing high degree of anxiety and anticipated loneliness. Here are a few tips to help you through this time of social isolation:

- **Accentuate the positives**
Focus on what you *are* able to do during this time. You're finally home — organize, read, rest, cook, and play. Take advantage of the time this provides.
- **Don't overload on news**
Identify where you get your news and check in once or twice a day. Staying constantly connected to the unfolding news won't be helpful — remember that it doesn't change anything — and make sure your news sources are reliable.
- **It won't last forever**
Remember, this contagion will end. New stories, open-ended developments, and the unknown are anxiety provoking for sure, but be mindful that this outbreak won't last forever.
- **Set a schedule**
Keeping a daily rhythm helps manage the day productively. Even small items such as eating around the same time as usual, and dedicating time to play, work, and rest, can work wonders.
- **Dance**
Research shows dancing can improve your mental health by boosting your overall happiness and it can improve your physical health, so turn on some music and dance, dance, dance!

Thoughts and Prayers

Please keep our members and friends in your prayers during this difficult time.

I see that Carol Weinberg's sister in law passed away from the coronavirus. This virus has touched our lives in so many ways, it's a terrible thing! All we can do is to stay safe and pray for an end to this pandemic.

April 2020 DJ's and Birthdays



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 *DJ – Canceled	4 Bday – Tania Kassya
5	6	7 Bday – Phil Eckels	8	9	10 DJ – Canceled Bday – Dave Brooks	11
12 Bday – Guy O’Neal	13	14	15	16	17 SOS Canceled	18
19 Bday – Joe Lett	20	21	22	23	24 SOS Canceled	25
26	27	28	29	30		

- DJs at the Circle are canceled until further notice.